Recovery Resources

Illinois Behavioral Health Resources

Call 1-800-3-ADVOCATE to find a behavioral health provider or learn more about the following resources.

Advocate Trauma Recovery

Center: Comprehensive services for survivors of violence. Provides quality services and resources to survivors of intentional trauma with compassion, respect and care.



Mental Health and Substance Abuse

Treatment Resources: Inpatient and outpatient treatment, addiction services, classes and support groups.



Advocate Family Care Network: provides a range of confidential behavioral

health services for individuals, children, adults, couples, families and employers. Services include childhood trauma treatment program, counseling and therapy services, workshops and more.





AdvocateAuroraHealth

tinyurl.com/yc3xapjc

Wisconsin Behavioral Health Resources

Call 1-800-3-ADVOCATE to find a behavioral health provider or learn more about the following resources.

Aurora Healing and Advocacy Services: dedicated to making life better for survivors of sexual assault and domestic violence.



Residential treatment at the Dewey Center: treatment options for patients with drug, alcohol and

Aurora Adult Behavioral Health Program: offers

17 a safe, supportive and therapeutic environment.

Substance Abuse Treatment Programs: find a

specialist to get you the care you need if you are struggling with substance abuse.

several levels of care: inpatient, partial hospitalization, intensive outpatient and residential care.





Behavioral Health Programs for Children and









tinyurl.com/4y3nne6h



Locator Tools

tinyurl.com/yckwadsa

Mental Health Hotlines and Locator Tools

Call, text, or chat 988 to

National Suicide Prevention Lifeline

National Suicide Prevention Lifeline 1-800-273-8255

SAMHSA's National Helpline - 1-800-662-HELP (4357)

Maternal Mental Health Hotline - 1-833-9-HELP4MOMS

NAMI Chicago Helpline: 833-NAMI-CHI

The Friendship Line - 1-800-971-0016

Crisis Text Line - HOME to 741741

Locator Tool for Substance Abuse

Behavioral Health Treatment Services

Treatment - FindTreatment.gov

NAMI Southeast Wisconsin: 414-257-7222

Other Support Hotlines



E- RECOVERY SUPPORT COMMUNITIES AND PROGRAMS*

Thile not a comprehensive list of online recovery support communities and programs, we hope it will act as a starting oint for communities seeking to refer individuals to recovery support during this challenging time.

- Faces & Voices of Recovery's Guide to Mutual Aid Resources: A compendium of recovcommunities—many of which now offer virtual meetings and resources. <u>Bit.lv/2tiCsy1</u>
- Celebrate Recovery (CR): A 12-step, Christian recovery program. Some CR groups are offering meeting i and others are hosting live online worship and encouragement. Contact local CRs to find out what they offering). CelebrateRecovery.com
- SMART Recovery Online (SROL): Online community where individuals with addiction, their for and other specialized audiences can interact with SMART (Self-Management and Recovery Tri and each other to aid in overcoming addiction. http://www.smartrecovery.org/srol-2

sider sharing this list of mobile apps that nurture and sustain virtual recovery communities th nections. Many of them are free and offer peer-coaching support (which may incur a fee). Exa Sober Grid: www.sobersrid.com N/Tribe: www.sribe.cog

- Buddhist Recovery Network: BuddhistRecovery.org
- Millati Islami: www.millatiislami.org



tinyurl.com/2rbwp9ty



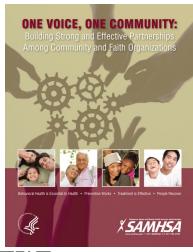


tinyurl.com/4yd8dz2y





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The Partnership Center



tinyurl.com/bdzmz84w



