

# Love Your Neighbor During COVID-19

## Help reduce the spread of coronavirus!

### Keep Yourself...Your Family...Your Community Healthy and Safe During the COVID-19 Pandemic

Your health - and the health of those you love - depends on the actions you take today and in the weeks to come.

- Follow the *Safer at Home* order.
- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose and mouth.
- Stay home when you're sick.
- Cover your cough or sneeze with a tissue. Throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.
- Wash your hands often with soap and water for at least 20 seconds.

**Together, we can help minimize the spread of COVID-19.  
Together, we can save lives.**

**If you think you've been exposed to COVID-19 or are experiencing fever, cough or shortness of breath, call: 866-443-2584**

**Learn more at [advocateaurorahealth.org/coronavirus-disease-2019](https://advocateaurorahealth.org/coronavirus-disease-2019)**

*We need to isolate ourselves and practice physical distancing. It's a challenge, it's not easy to do, but it is the wise thing to do. Use your wisdom and follow the directions of our public health professionals so we don't spread the virus to others.*

**Rev. Walter J. Lanier, Pastor  
Progressive Baptist Church, Milwaukee**



*"Love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength.' The second is this: 'Love your neighbor as yourself.' There is no commandment greater than these." ~Mark 12:30-31*