

HEALTH MINISTRIES PROGRAM MAY INCLUDE a listing of possible activities

Health Educator

Dental Health
Wellness Weekend - Health Fair
CPR Class
Update Your First Aid Kit
Conflict Management Sessions
Sabbath Keeping Seminar
Life Stress Education
Corporate Wellness
Meditation/Relaxation Education
Sexuality/Sex Education Classes
Dying, Death, Grief & Loss Seminars
Wellness for Youth
Parenting Classes
Bioethics Seminar
Lifestyle Change Class
The Caring Question Class
Healthy Refreshments for Meetings
Living with PMS
Time Management Workshop
Violence in the Home Class
Chemical Health Series
Gifts of the Spirit Workshop
Grief Clinic
Good Touch - Bad Touch
Healthy Heart Class
Prayer, Stress and Healing Class

Homeless and the Church Class
Good Nutrition Class
Caring for Your Elderly Parents Workshop
A Spiritual Christmas Workshop
Prayer and Meditation Class
Cancer Treatment Class
Mental Health and Depression Class
Unplug the Christmas Machine Workshop
Lifestyle Wellness Series
Free to be Thin Class
Health and the Bible Class
Chemical Dependency Series
Drugs and Interventions Class
Living with Alzheimers Class
How to Ask Your Doctor About Class
Women's/Men's Health Issues Series
Eating Disorders Class
Retirement Planning Seminar
Seminar on Aging
Living Will/Durable Power of Attorney
Planning Your Own Funeral
Health & Safety
Nursery Attendant Training
Child/Sexual Abuse Education
Babysitting Training Class

Coordinator of Volunteers

Cards/Calls of Concern
Spiritual Support Group
Widow's Support Group
Unemployed Support Group
Caregivers Support Group
Mothers-Day-Out
Phone Ministry Follow-up
Coordinate Transportation Pool
Establish & Train for Prayer
Developing Member Referral Network
Stop Smoking Clinic

Weight Loss Support Group
Parents of Teens Support Group
Parents Anonymous Group
AIDS Support Group
Senior Fellowship Meal/Day
Hospital/Nursing Home Visitation Training
Children's Ministry to/with Elderly
Caring Community Training
Stephen Ministry Training
Befrienders Training

Coordinator of Volunteers, Cont.

Training for Greeters
Quilting Group at Shut-in's Home
Adopt a Grandparent (S.S. Class)
Divorce Support Group
Arthritis Support Group
Adopt-a-Student (College & Elderly)

Alzheimers Caregiver Support Group
Coordinate Home Health Care
Retreat for Elderly
Single Parent Support Group
Telephone "Buddy" Network

Personal Health Counselor and Home Health Minister

Home Visits
Pre and Post Hospital Visits
Nursing Home Visits
Expectant & New Mothers Visits
Dysfunctional Family Visits
Teenage Mother Visits
Volunteer Network for Home Care
Ministry to Pastors & Staff
Case Conference with Pastoral Staff
Fire/Smoke Alarm Check-Church & Home

Personal Prayer Requests-Staff Meeting
Building Accessibility
Sermon, Meditation, Homily
Expand Prayers of the Church
Services of Prayer & Healing
Worship/Devotions in Nursing Homes
Staff Education: Consultation & Listening
Advocate for Nursing Home Patients
Church as Non-smoking Facility

Health Monitoring and Screening

Blood and Organ Donations
Personal Health Assessments
Blood Pressure Screening
Diabetes Screening
Cholesterol Screening
Glaucoma Screening

Confronting Child & Family Abuse
Low-impact Aerobics
Well-Adult Screening Clinic
Health Standards for Day Care Program
Living with Chronic Illness

Health Resource and Referral Agent

Life-line Emergency Phone System
Personal/Family Crisis Intervention
Medical Service for Uninsured

Transitions from Home to Nursing Home
Ministry to Homeless
Resource for People of Special Need