

## **We are a Healthy HotSpot!**

Our faith community, \_\_\_\_\_,  
pledges that we are taking the following actions to build health and well-being:  
*(Please list at least one example of programs or initiatives you are doing under each topic:)*

### **Tobacco Free Living**

### **Connecting to Healthy Eating**

### **Connecting to Active Living**

### **Preventing Chronic Disease**

### **Connecting with Each Other/Fostering Positive Relationships**

\_\_\_\_\_  
Congregational Representative Signature

\_\_\_\_\_  
Date

# Healthy Hotspot Application Form



Please fill out the information below and send to:

Healthy HotSpot  
Mission and Spiritual Care  
Advocate Health Care  
3075 Highland Parkway  
Downers Grove, IL 60515

Or scan and email to:

ahc-missionspiritualcare@advocatehealth.com



Thank you for your leadership  
and partnership on health!

Congregation Name: \_\_\_\_\_

Religious Affiliation and Denomination: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_ Website: \_\_\_\_\_

Contact Name: \_\_\_\_\_ Role in the Congregation: \_\_\_\_\_  
(Ex. Pastor, Cantor, President)

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

- 1) What is your congregation's size? \_\_\_\_\_ Approximately how many attend weekly? \_\_\_\_\_
- 2) What is the primary ethnic identity of your congregation?  
\_European American; \_African American; \_Mexican; \_Puerto Rican; \_Other Latino; \_Asian/Pacific Islander;  
\_South Asian (Indian, Pakistani); \_African; \_Arab; \_European American; \_First Generation European;  
\_Native American; \_Multicultural
- 3) What languages are spoken in your congregation? \_\_\_\_\_
- 4) What is the approximate age distribution of the congregation (by %)? (This will help us identify potential programs) Under 18 \_\_\_\_\_ 18-34 \_\_\_\_\_ 35-49 \_\_\_\_\_ 49-64 \_\_\_\_\_ 65+ \_\_\_\_\_
- 5) Do you have a formal Health Ministry or Health and Wellness Council? \_Yes \_No
- 6) If no, would you be interested in starting one? \_Yes \_No \_Maybe
- 7) How did you hear about the Healthy HotSpot initiative? \_\_\_\_\_

