



At The Center for Faith and Community Health Transformation (The Center) our commitment is to foster Loving Communities of hope, justice and wholeness in which all people can be healthy. We are especially focused on working with faith partners to advance health equity by getting at the root causes of unequal health outcomes.

Congregations have a lot of wisdom and experience that is vital for creating healthy communities. We work with faith communities to build on the unique things that they are already doing to create Loving Communities, both for their own members and also for the neighborhoods where they are located—sharing love, praying, working for justice, caring for those who are hurting, attending to children, teaching and preaching a vision for a better world.

Here are some of the ways that we partner with congregations. Let us know what would be helpful to you.

Your Name: _____ Congregation/Organization: _____
 Email: _____ Phone: _____ Address: _____

<p style="text-align: center;">Ways We Partner With Faith Communities</p> <p style="text-align: center;">Please indicate which items you are interested in knowing more about by placing a check mark next to the item.</p>	<p style="text-align: center;">Check if interested</p>
Partnerships	
<p>At The Center our main way of engaging with congregations is through partnership. We do not use a “one size fits all” approach. Rather, we work with you to design an approach that will be right for you and that will have the greatest impact on the health of the community. Let’s talk about what you’d like to accomplish and design something together.</p>	
Developing a Health Ministry or Wellness Council	
<p>The following workshops are for congregations that are just starting out with a Health Ministry, Wellness Council or health initiative.</p>	
<p>1. What is Health Ministry? Two hour workshop introducing what a health ministry is with examples of what other congregations area doing.</p>	
<p>2. Developing Your Health Ministry A two-day workshop that covers the importance of health ministry, spiritual foundations, types of health ministry, goal-setting and program planning.</p>	
<p>3. Sustaining Your Health Ministry Five sessions offered over a 6 month period. The focus is on building knowledge and skills with the opportunity to practice in between sessions. The approach is an experiential model of learning.</p>	

The Center is a joint initiative of Advocate Health Care and the Office for Community Engagement and Neighborhood Health Partnerships at the University of Illinois at Chicago.



Expanding Your Health Ministry or Wellness Council

These workshops are for congregations that already have health ministries and that want to go deeper into health promotion for their members and for the wider community.

Healthy HotSpot

If your congregation is already actively supporting the health of your members and of the community, you may be recognized as a Healthy HotSpot. We will work with you to achieve that designation. As a Healthy HotSpot you will be featured on the regional Healthy HotSpot map, receive a framed certificate and be eligible for discounts and exclusive resources and opportunities.

Faithful Families

From helping your kitchen ministry make small, yet healthy adjustments to their favorite dishes, to teaching label reading and how to shop on a budget, our trained nutrition peer educators are ready to provide high quality nutrition education and disease prevention services in your congregation.

Unnatural Causes: Is Inequality Making Us Sick?

We know that the quality of life in the communities in which we live affects our health. In a half-day workshop, we use the Unnatural Causes video series to look at how faith communities can work to promote health equity.

Community Health Asset Mapping Partnership (CHAMP)

CHAMP is a series of 4 workshops that asks people in the community how they see people of faith supporting the health of the neighborhoods they serve. This is a great way to kick off a new initiative or see opportunities to expand your program.

Illinois Heart Rescue “Bystander CPR” or “Hands Only CPR”

A training that teaches participants how to perform CPR by doing chest compressions only. Train-the-trainer is also available.

Just Eating? Practicing our Faith at the Table

A 7 session curriculum for a whole congregation to think about how we can eat as a practice of our faith. Sessions include: Food Sharing as Sacramental; Nurturing our Bodies with Food; Food and Hunger; Food and the Environment; and Creating Community with Food. We will teach you how to lead this program in your own congregation in a 1-day workshop.

Support Team Development

Support Teams are an effective way to engage volunteers to provide care for people in the congregation or community who need help during an illness or family crisis. This national model reduces volunteer turn-over, builds volunteer spirituality and fosters community among volunteers. This is a 2-day educational program.

Consultation

Do you want to take your health ministry or wellness council to the next level but aren't sure how? We will work with you to assess where you are and identify next steps that will grow your existing program.

Other Programs and Workshops

The Center offers many other programs, curricula and workshops to support and expand what faith communities are already doing.

Faith, Family History and Cancer

A workshop that educates participants about the role of genetics in cancer and what difference that makes for screening and treatment.

Advanced Care Planning—Have a Conversation

Learn how to talk with family and loved ones about wishes for treatment during times of critical illness.

Supporting Mothers and Healthy Babies

Research shows that love and social connection are very effective in reducing the stress that contributes to pre-term births. This workshop explores how faith communities can use our wisdom about community and social support to protect mothers and babies and help them thrive.

<p>Programs for and with Older Adults</p> <p>We have worked with many congregations to establish programs for and with older adults. We can help you design a program that will be the right fit for your congregation.</p>	
<p>Connecting Faith and Health</p> <p>A workshop that helps participants connect with the scriptures and commitments from their own religious traditions that support health.</p>	
<p>Theologies of Health, Healing and Well-Being</p> <p>This workshop explores theological ways of looking at what it means to be well as individuals and as whole communities. Concepts covered include Hopeful Imagination, Spirit Power and Loving Relationships.</p>	
<p>Faith-Based Concepts and Tools for Evaluation and Outcomes Measurement</p> <p>This half-day workshop explores the following questions: What do our faith traditions teach about what it means to be a steward of resources and to be accountable for the work that we do in our congregations? What are some basic tools we can use that fit with our congregation's culture and setting?</p>	
<p>Cultural Competency in Faith and Health</p> <p>This workshop is geared to organizations that want to be sure that they are reaching out to faith communities in the most effective way.</p>	
<p>Principles for Interfaith Engagement</p> <p>This workshop explores basic "how-to" principles for working collaboratively with partners from diverse faith traditions.</p>	
<p>Community-Based Participatory Research (CBPR)</p> <p>What is CBPR and why is it something that faith communities would be interested in? This workshop provides a basic overview and helps congregations think about what kinds of research questions they might want to explore.</p>	
<p>Helping Congregations Navigate Research Requests</p> <p>Researchers often see faith communities as ideal places to conduct research. What do congregations need to know before entering into these arrangements so that they are sure to reap the benefits of the research being done in their setting? This half-day workshop provides nuts and bolts and practical assistance.</p>	
<p>Developing Partnerships and Collaborations with Health Providers</p> <p>This workshop offers practical suggestions and approaches for forging effective partnerships with public health and health care providers that want to collaborate on health promotion.</p>	
<p>Health Ministry Community of Practice</p>	
<p>We pull together people who have health ministries to provide an opportunity for people to learn from each other, share resources and network. Let us know if you'd like to be part of that network.</p>	
<p>Newsletter</p>	
<p>We publish a newsletter that is full of ideas, information and resources.</p>	

Submit this form to us at either of the addresses or emails below. For more information, please visit us at:

www.faithhealthtransformation.org.

Rev. Dr. Kirsten Peachey
Advocate Health Care
3075 Highland Parkway
Suite 390
Downers Grove, IL 60515
630-929-6107

kirsten.peachey@advocatehealth.com

Rev. Dr. Shirley Fleming
OCEAN-HP, UIC
818 S. Wolcott
Suite 800
Chicago, IL 60612
(312) 996-4656

sfleming@uic.edu